



## The Ravine Project - Referral Form

Ravine is an Advantage project funded by the National Lottery Community Fund. Ravine equips 20 young people aged 18-24, facing mental health challenges, each year with the skills to prepare for meaningful education, training and employment. Ravine seeks to unlock the untapped potential of marginalised young people facing mental health challenges by building supports and eliminating barriers to participation in our economy and society. Ravine is a nature-based social enterprise, set in 12 acres of beautiful land, within Knockbracken Healthcare Park in South Belfast. Advantage accepts referrals from a range of organisations and individuals and, of course, young people are able to self-refer.

### Who is Ravine for?

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Young people aged 18-24, experiencing a mental health challenge, who would benefit from support to improve their confidence and self-esteem and enhance their employability skills.

### Support offered includes:

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- A Certificate in Employability
- Level 1 OCN in Horticulture
- Level 1 OCN in Personal Success & Well-being
- Practical work experience in a unique Social Enterprise
- Future Options plan
- The opportunity to play an integral part in daily tasks and activities essential to the enterprise
- A dedicated Employability Officer
- Increased confidence & self-esteem, motivation, camaraderie and an enhanced sense of purpose & achievement
- Increased personal health & well-being.

### What next?

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Referrals are welcome from young people who want to refer themselves, or any health professional, agency or organisation working with young people. If you think Ravine could be helpful, please provide the following information.

#### Young Person's Details:

First Name:		Are you a BHSCT service user?	
Surname:			
Date of Birth:		Do you have a Mental Health Challenge?	
Address:		Mobile No:	
		Telephone No:	
Is English your first language?	Yes	No	Email:
If not please give details:			



**The young person named above is referred by:**

First Name:		Address:	
Surname:			
Occupation:		Postcode:	
Relationship to young person:		Telephone No:	

<b>Signature (Young Person)</b>		<b>Date:</b>	
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<b>Signature (Referrer)</b>		<b>Date:</b>	
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Any information provided during the referral process will be kept in a confidential file at Advantage and will not be shown to anyone outside of Advantage. Feel free to ring us to talk through any questions you might have about Advantage or the Ravine project.

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**Thank You and we look forward to working with you.**

Please return completed form by either options below.

Post:  
Ravine  
Unit 52, Knockbracken Healthcare  
Park Saintfield Road, Belfast  
BT8 8BH

Email:  
info@advantage-ni.com

Tel: 028 93 35670

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On receipt of referral, a member of the Advantage team will make contact with the young person to arrange an informal 'getting to know you' meeting and a visit to our Ravine site. The purpose of this meeting is to determine the appropriateness of Ravine for the young person, based on their individual circumstances.

The young person must purposefully engage with the project. The support offered is always on a voluntary basis. Ravine will cover an agreed travel and lunch payment for all day of attendance.

In the event of a waiting list, Advantage will endeavour to keep the young person informed on a regular basis.